



socialskilled

## Inclusive Recreation & Learning Centre

# PROGRAMS & SERVICES

### Recreational Programs

Our inclusive recreation programs embed the fundamentals of socialskilled, which are: learning and working with others, making friends, and keeping friends. Options include: Skilled for Play™, Art with Friends™, Science with Friends™, Games with Friends™, and Mindful Movement™.

### Social Clubs

These weekly programs, run by a registered Social Worker, support social skills development through facilitated conversation and cooperative games. The goal of the program is to provide a safe and caring space for kids to connect, share, and belong. Skill targets include: Emotional Regulation and Peer Relationships.

### Educational Programs

Booster groups work to build up your child's literacy and numeracy skills and enable them to be more successful at school. Our groups (e.g. Numbers with Friends™) are led by educators and utilize evidence-based curriculums. Direct Instruction is the explicit teaching of a specific skill-set that follows a structured program and is delivered by an Ontario certified teacher. Options include: Skilled for Reading™ & Skilled for Spelling™

### School Readiness

This program aims to prepare your child for their transition into Kindergarten. Daily programming will focus on social readiness skills such as: following routines, asking for help, working with others, sharing, and turn taking. Academic readiness skills such as Phonemic Awareness, Early Reading, and Numeracy Skills will be developed through Direct Instruction.

### Speech & Language

Group speech therapy is a great way to improve your child's language proficiency, articulation, and social skills all at once! Our friendly group sessions are designed to help kids practice interacting in a social setting similar to school or home. In our fun and supportive environment, your child can refine their language skills while enjoying quality time with their peers. Private Speech & Language support is also available.

### Occupational Therapy

We offer a levelled printing program that is customized to fit the unique fine motor needs of our participants. The programs are led by a skilled, registered Occupational Therapist. These sessions take place in a group setting, providing support and fun for each child.

525 Brooker Ridge, Newmarket  
Phone: 905.967.9999 or 1.800.303.1354  
Email: [info@socialskilled.ca](mailto:info@socialskilled.ca)



[www.socialskilled.ca](http://www.socialskilled.ca)



[@socialskilled.ca](https://www.instagram.com/socialskilled.ca)