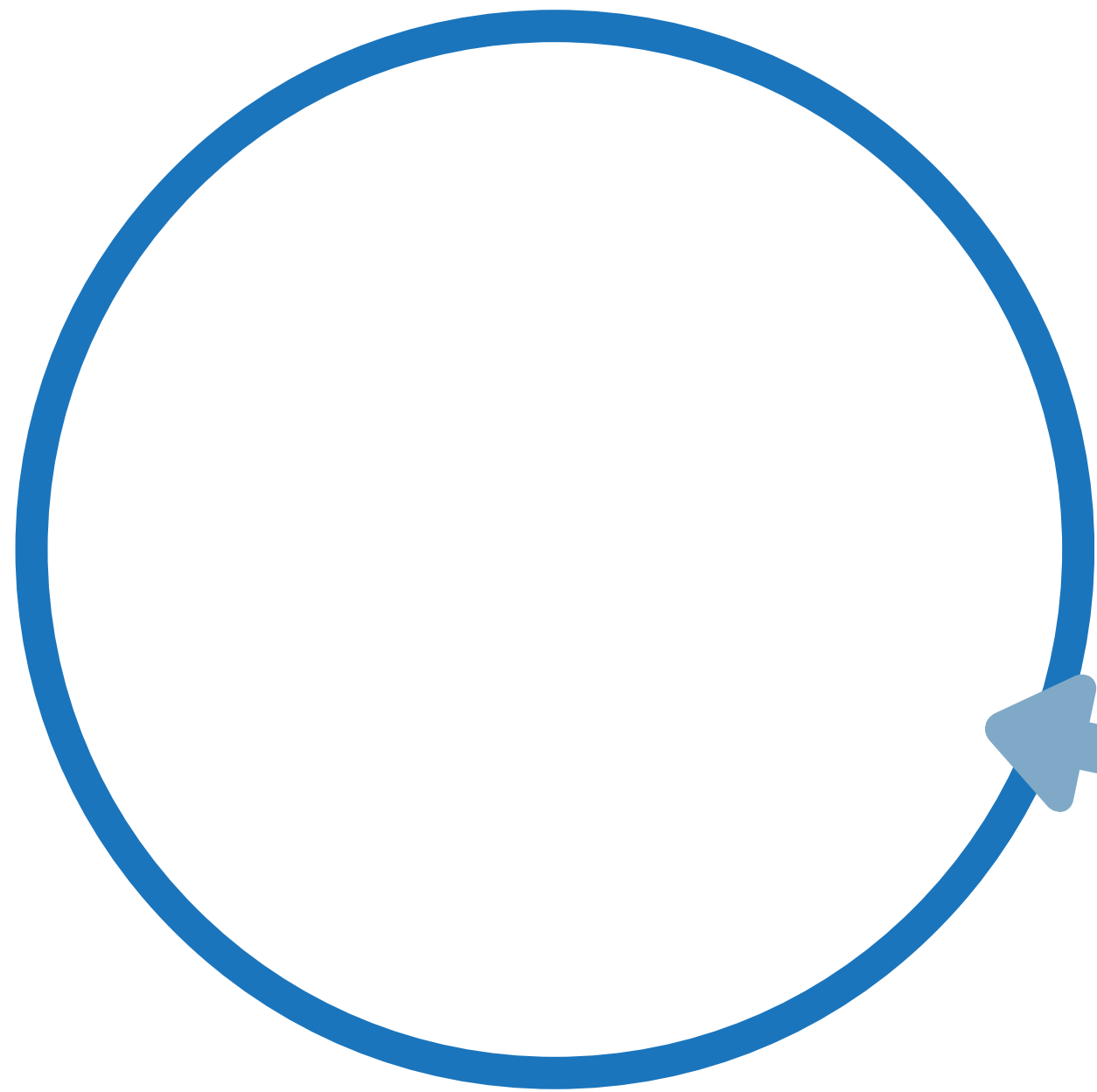
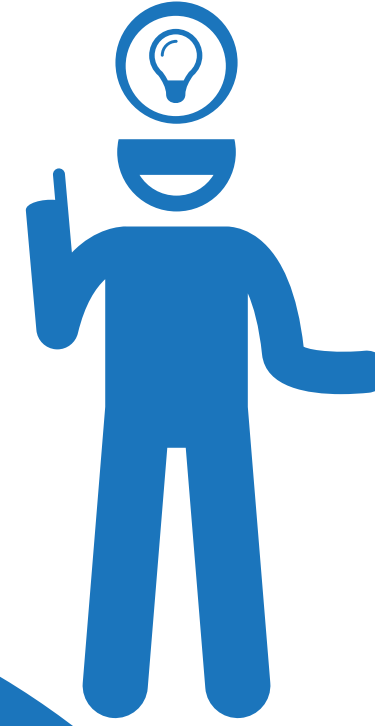
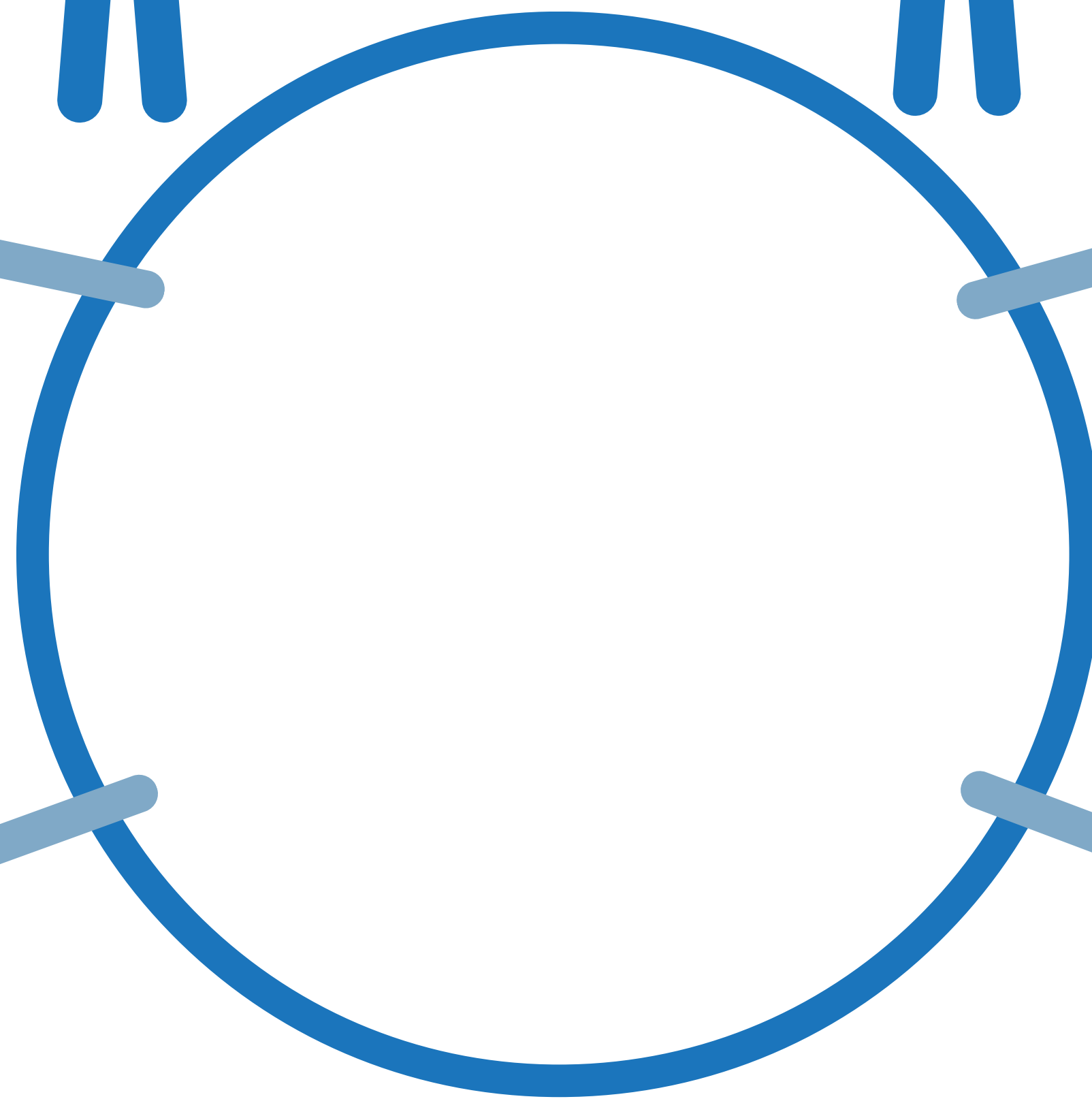


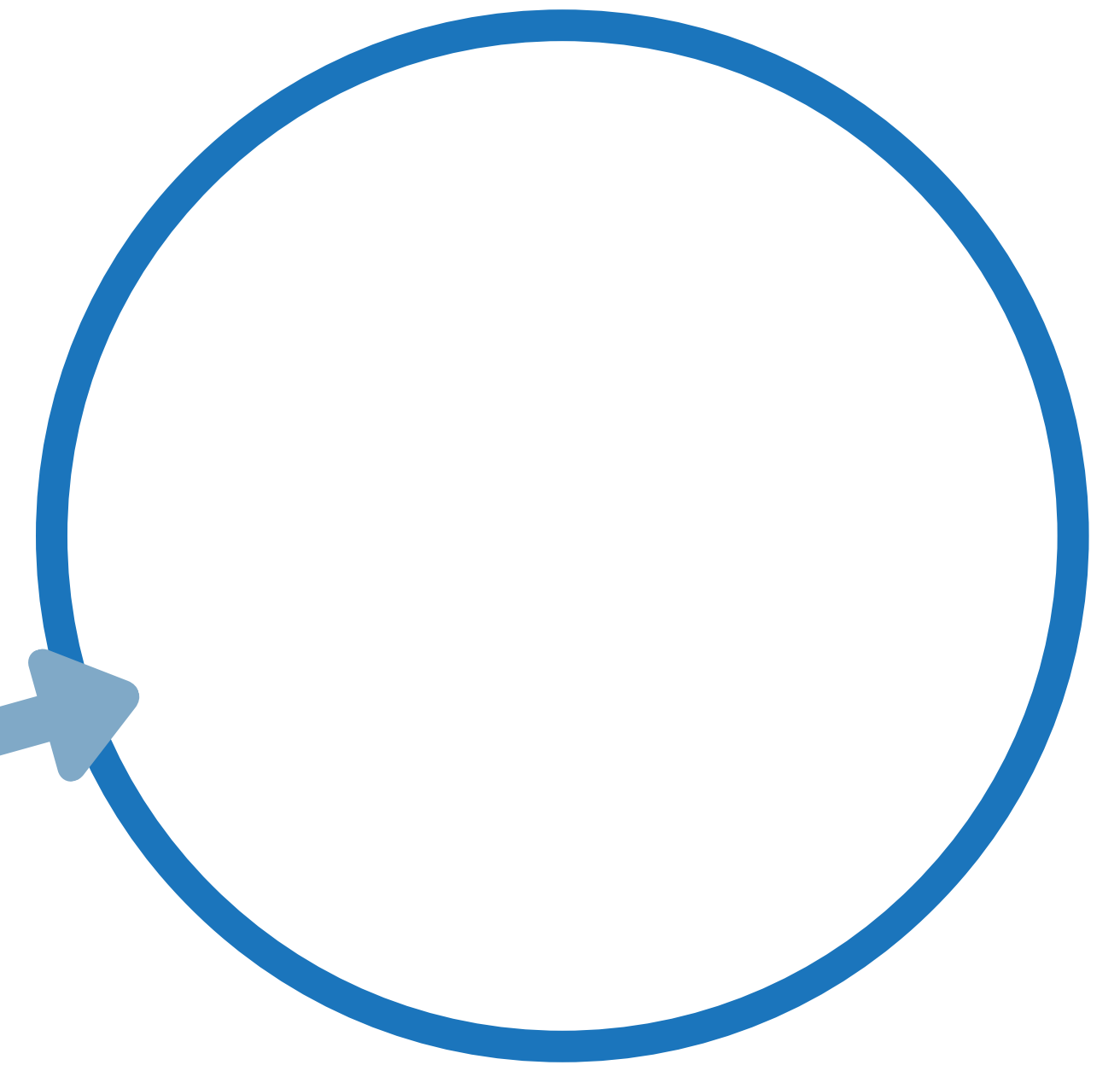
THINGS TO SAY & DO WHEN...



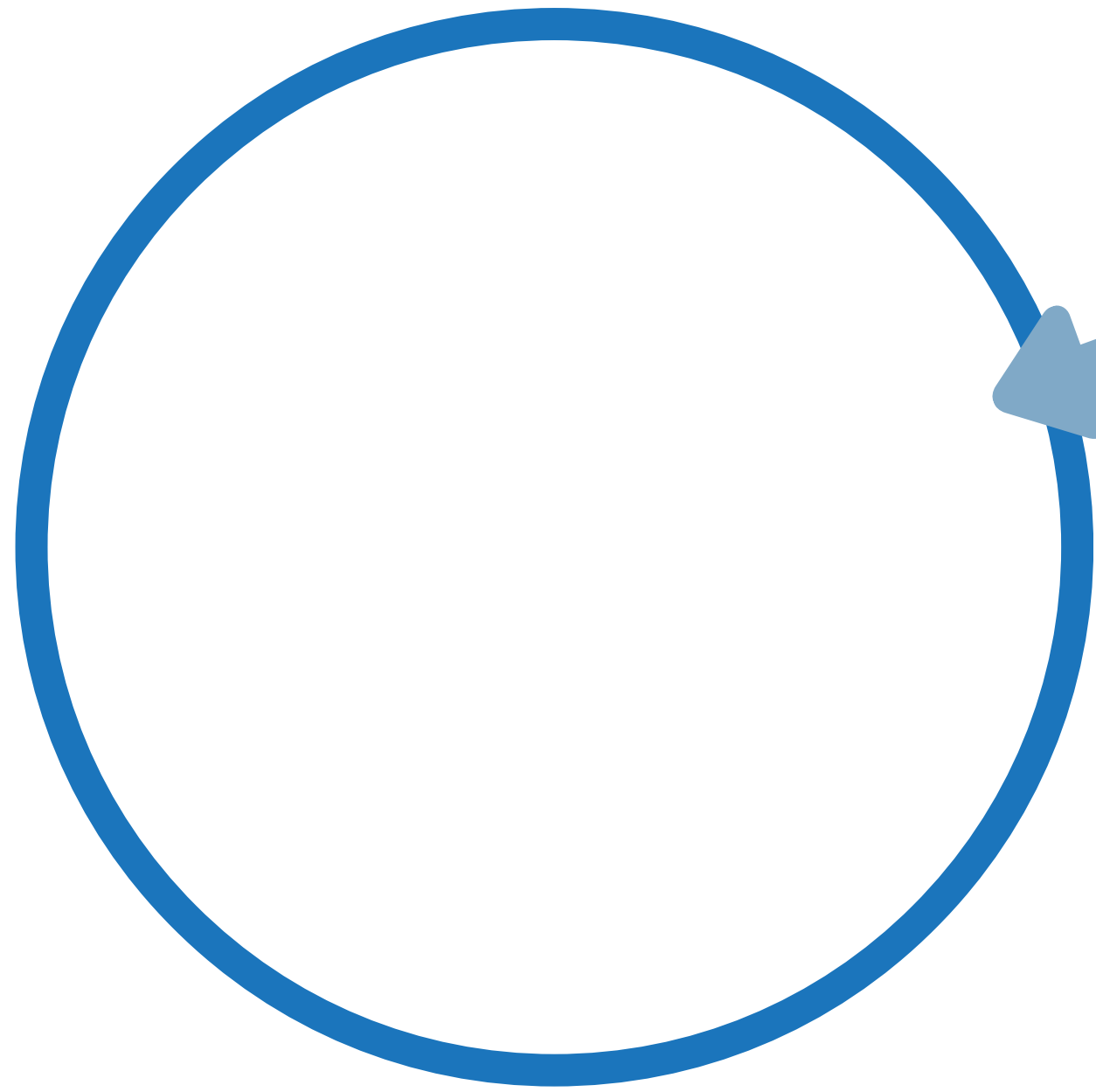
RESPONSE CHOICE



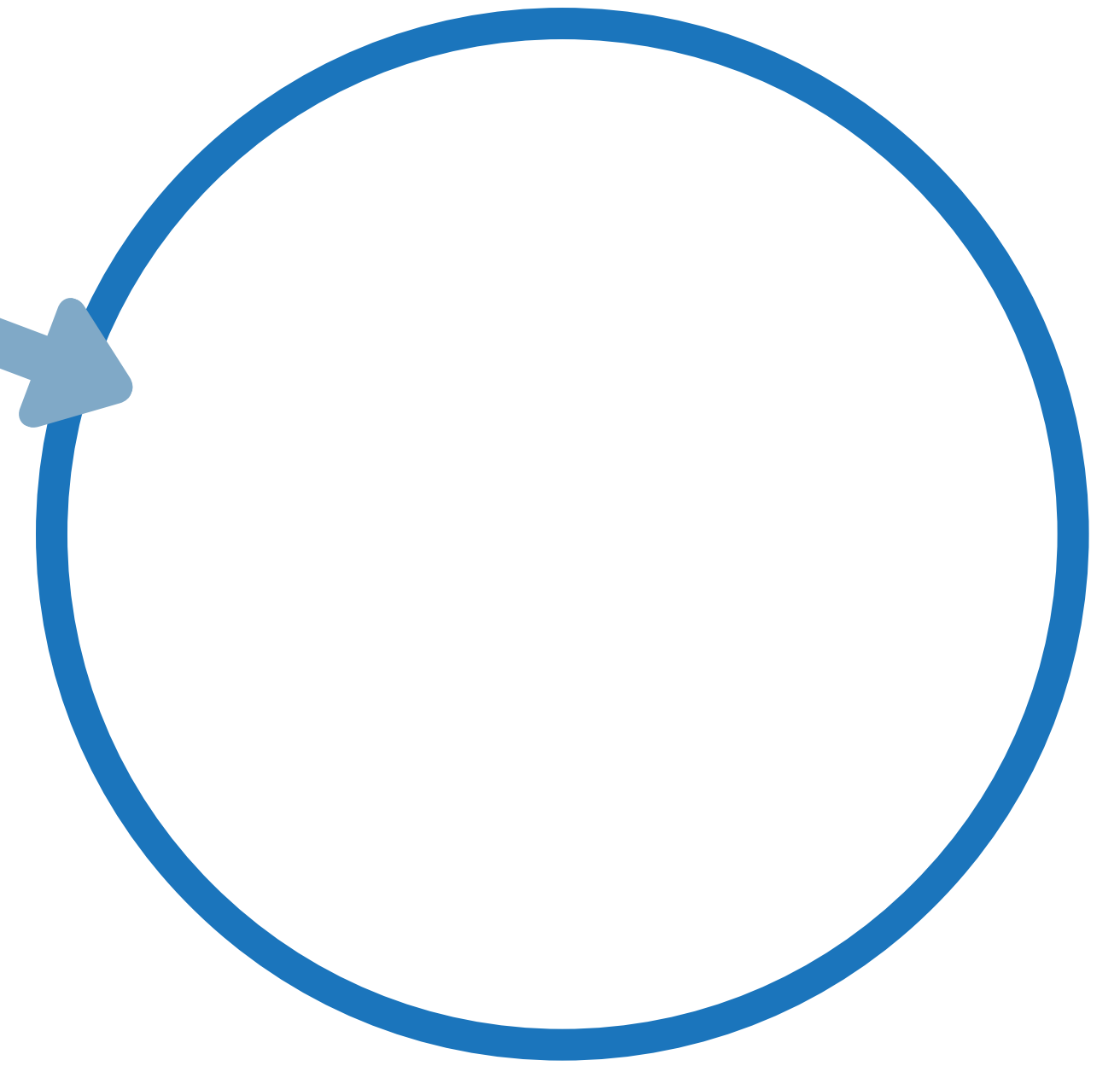
SITUATION



RESPONSE CHOICE



RESPONSE CHOICE



RESPONSE CHOICE



HOW TO USE A "THINGS TO SAY & DO"

When faced with problems or conflict, children can have a difficult time managing emotions to determine a functional response. It can be helpful to make a response plan in advance of potential challenging situations and take time to review and rehearse the options. Having a plan reduces anxiety, supports problem solving, and builds independence.

To use the visual, place the challenging situation in the centre and work together with your child to support them in determining appropriate responses that can help solve or reduce the size of the problem they are facing.

Let's use the situation of "Being excluded from play." as an example:

