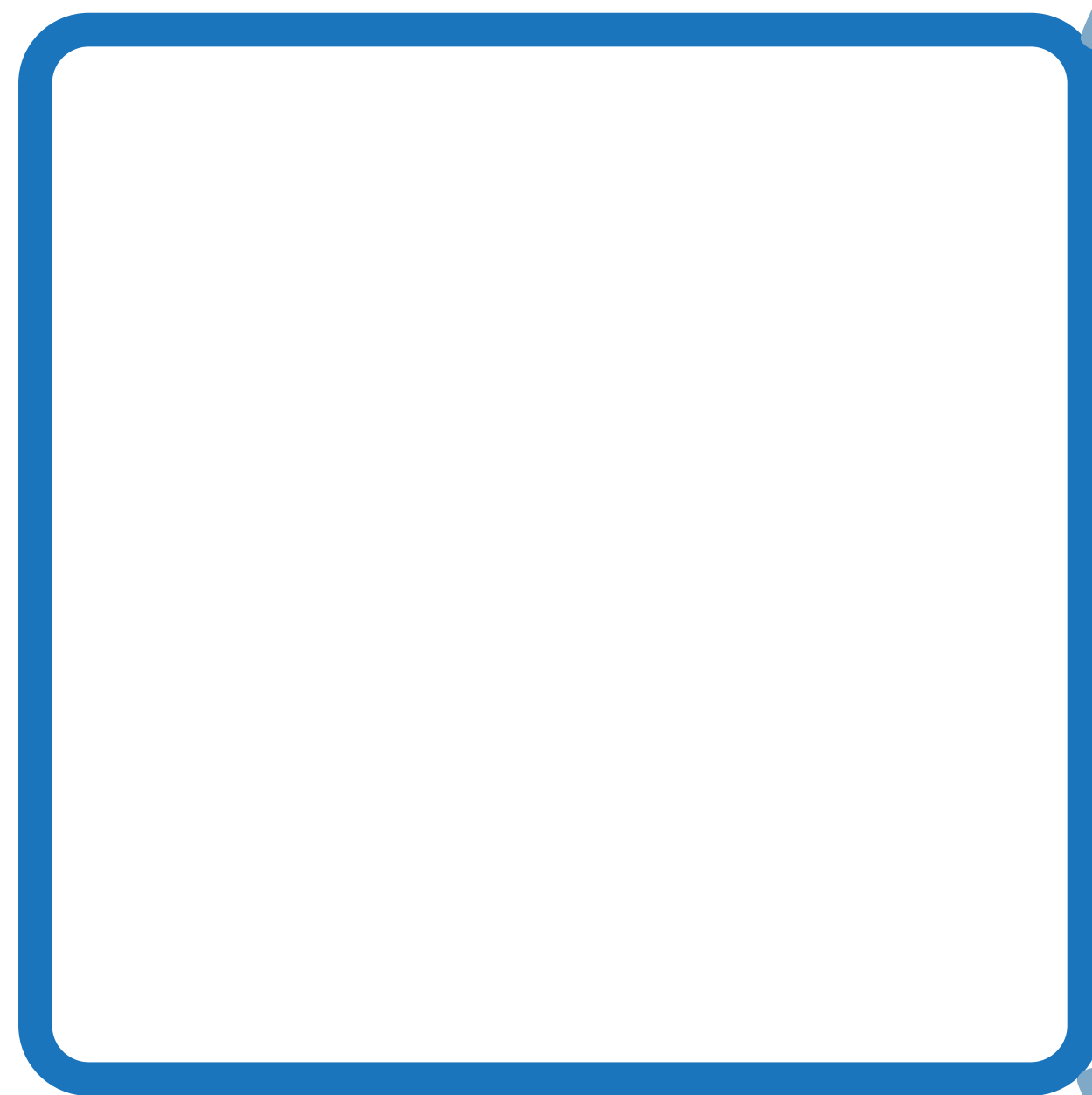
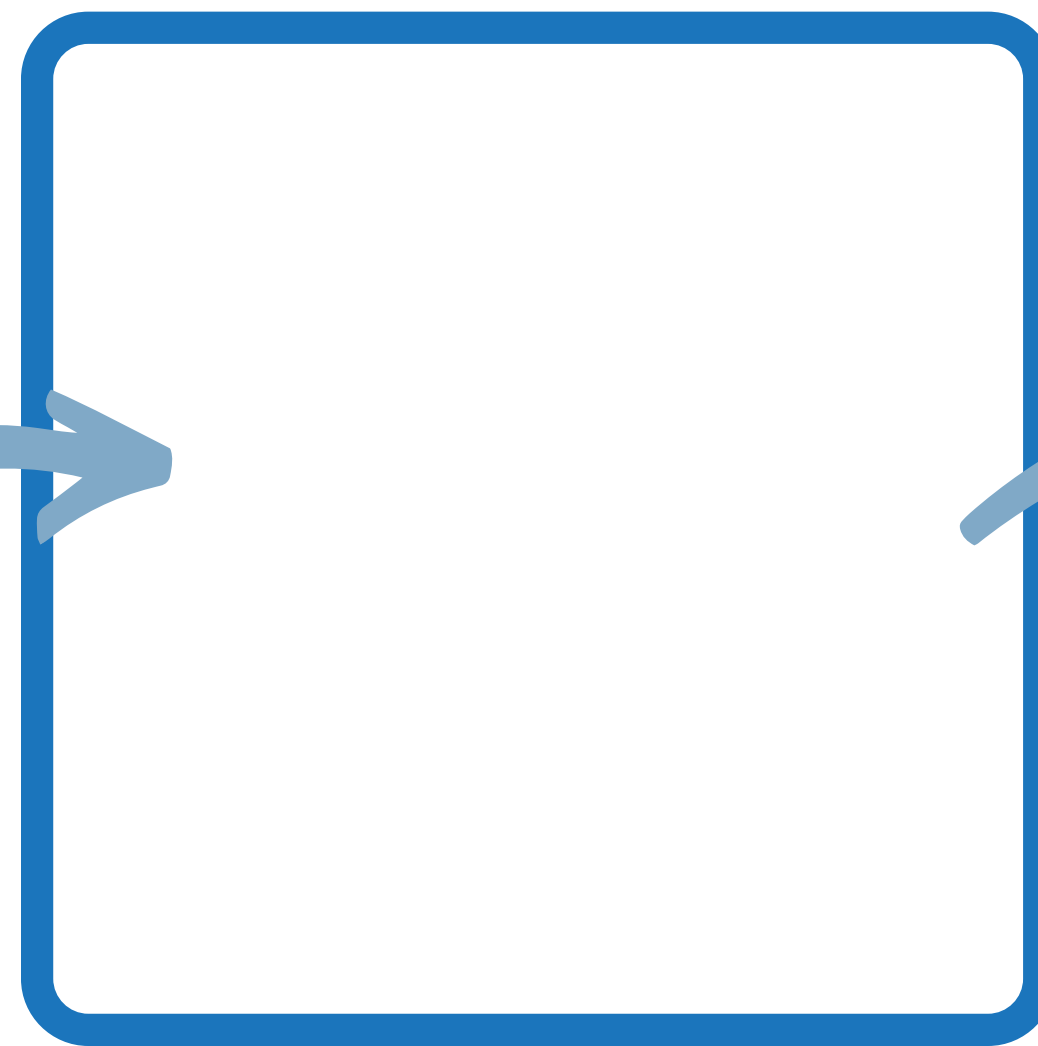


CONTINGENCY MAP

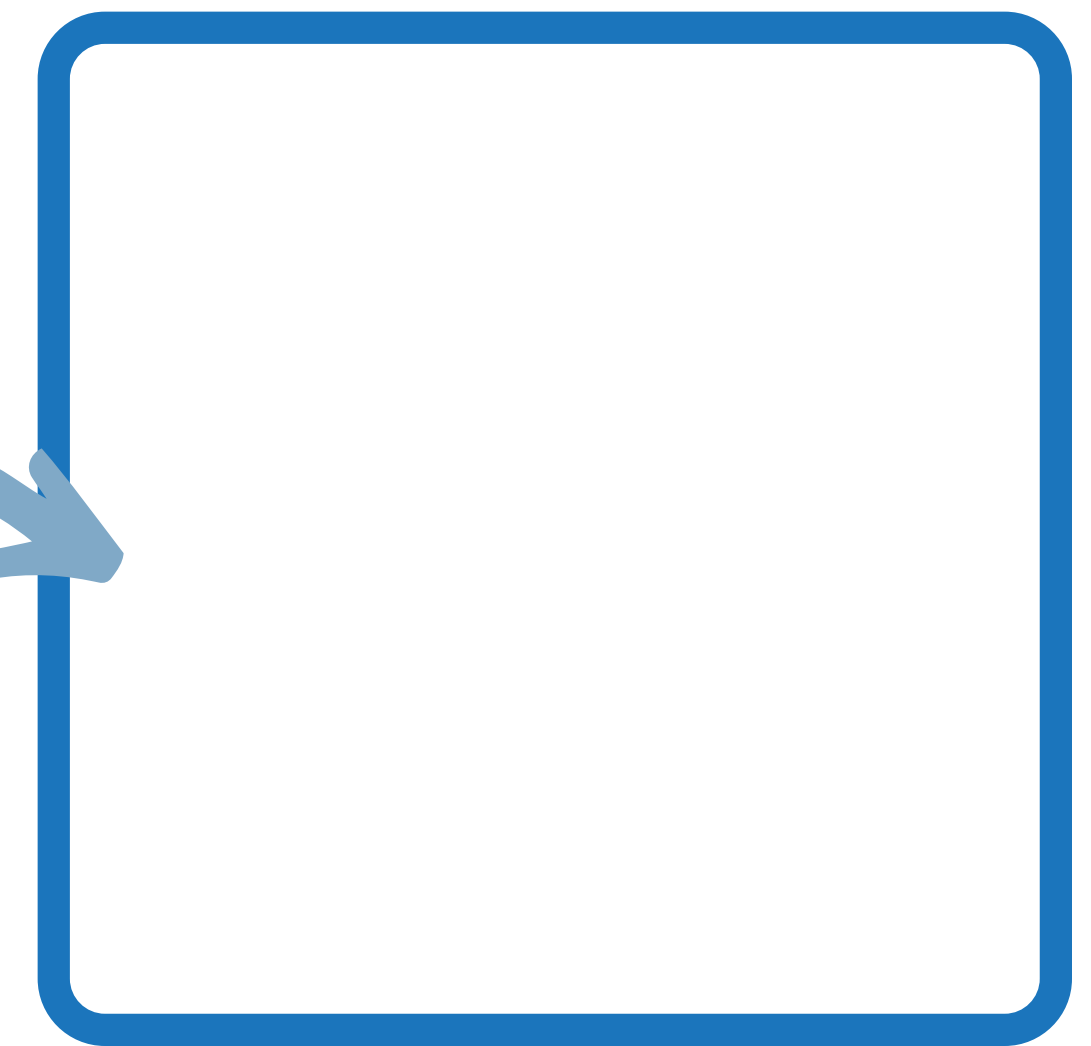
Our actions
determine our
outcomes.



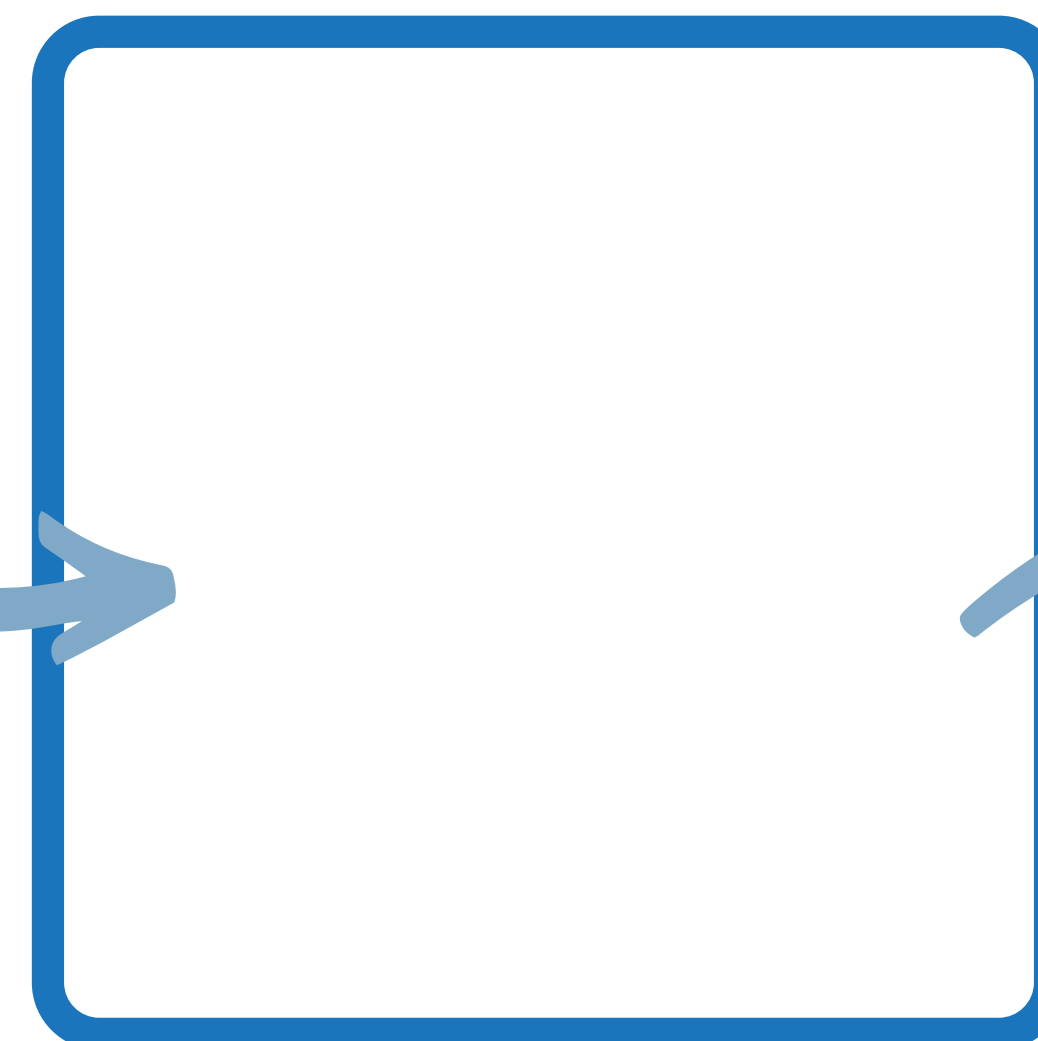
SITUATION



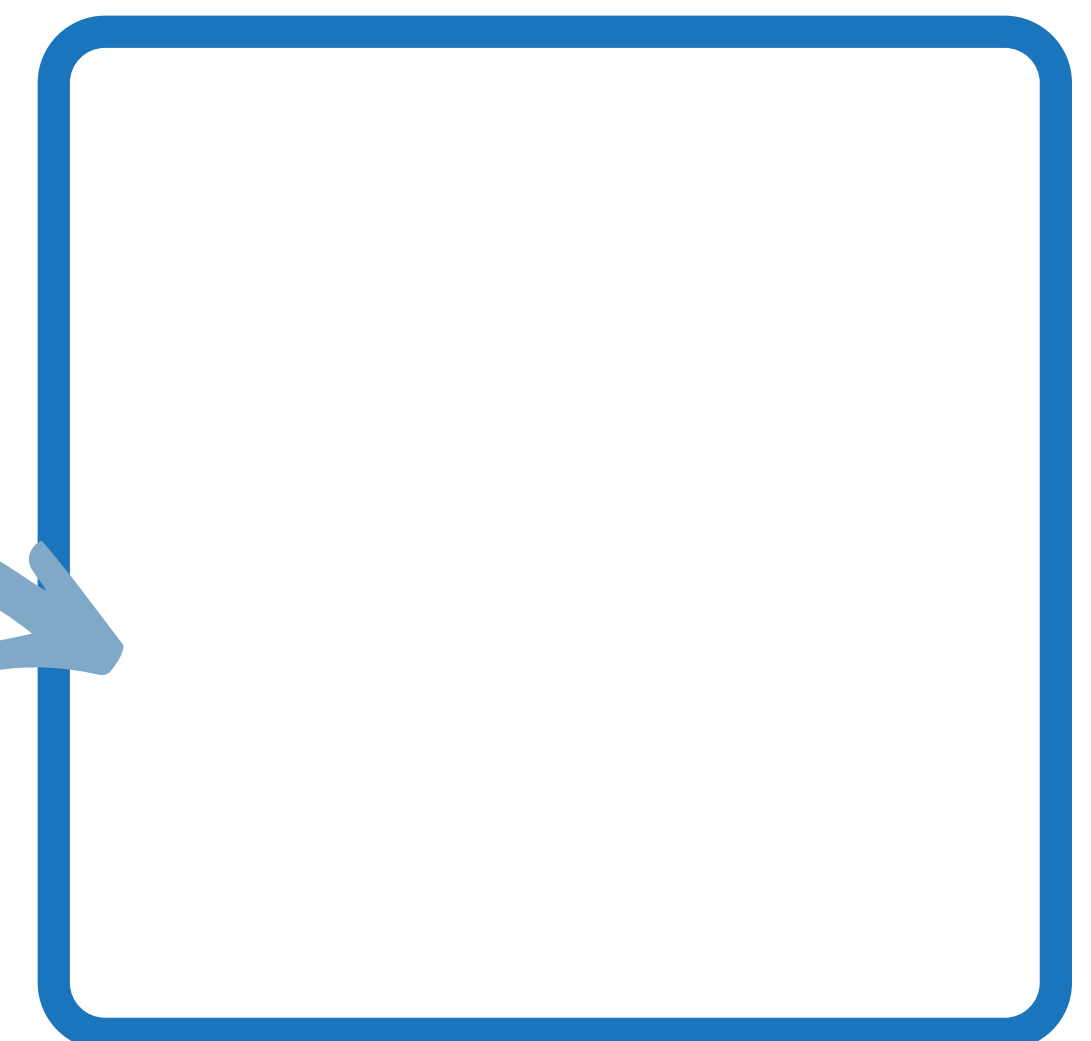
EXPECTED CHOICE



DESIRED OUTCOME



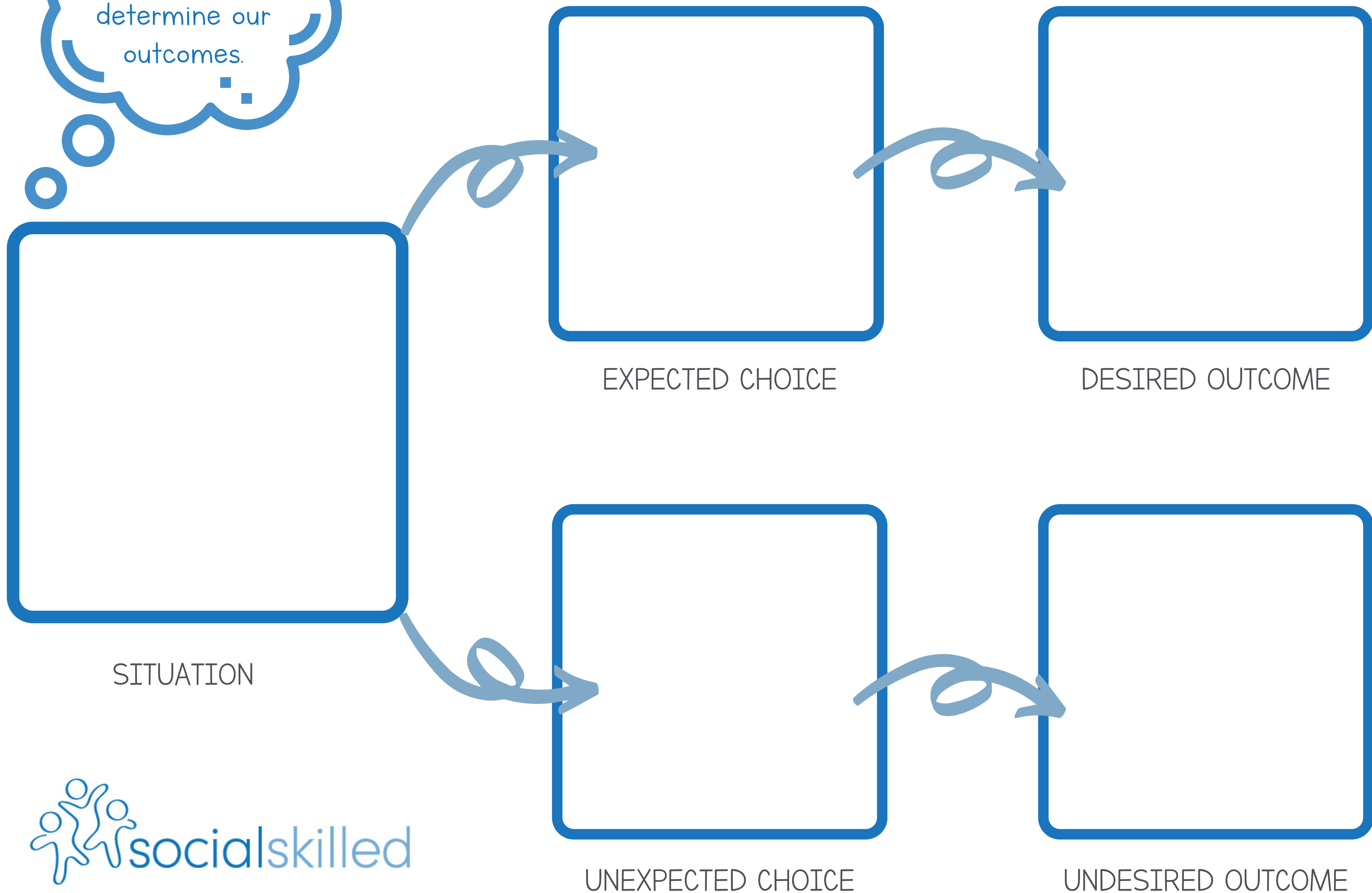
UNEXPECTED CHOICE



UNDESIRED OUTCOME

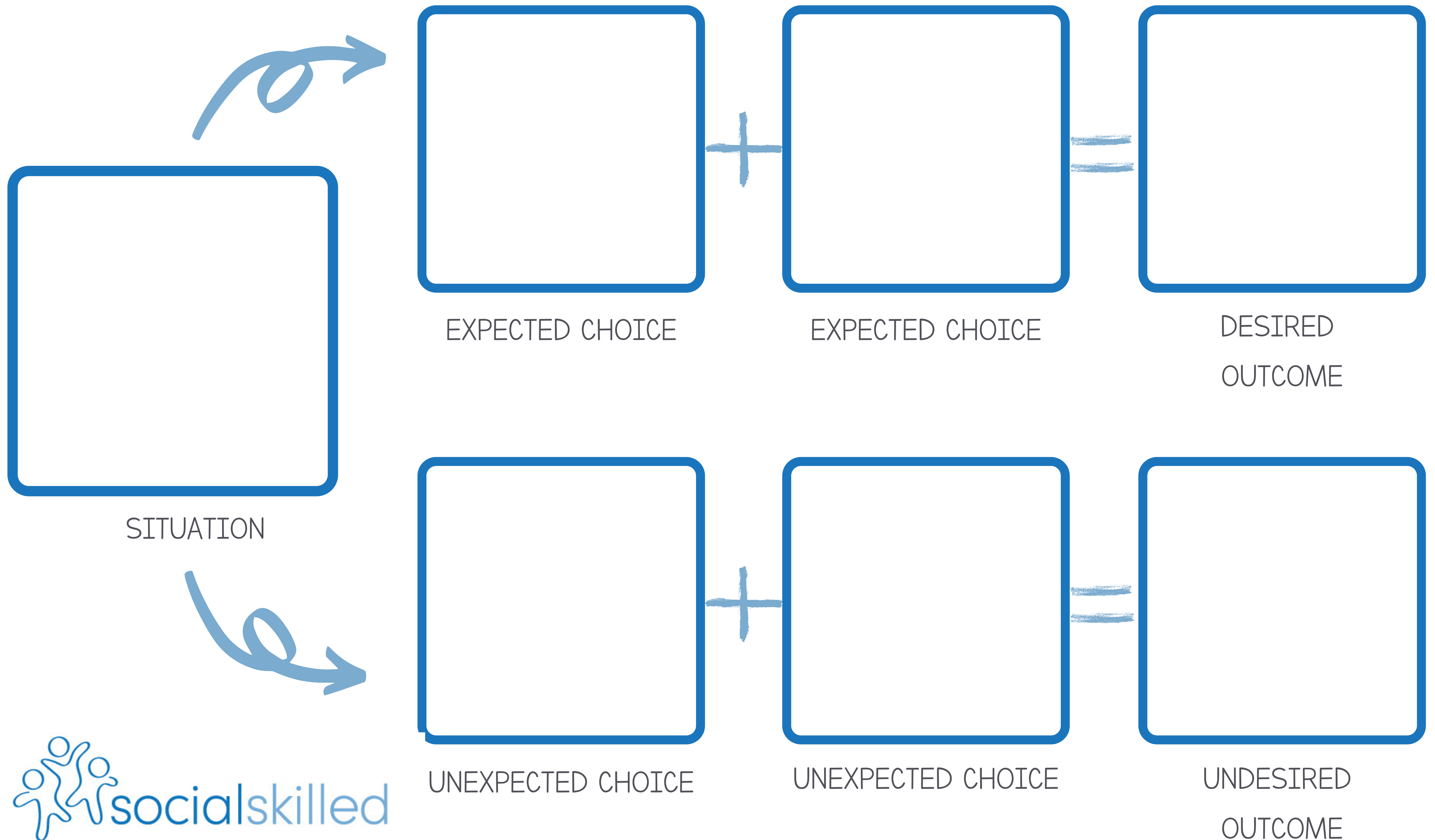
CONTINGENCY MAP

Our actions determine our outcomes.



CONTINGENCY MAP

Our actions determine our outcomes.



HOW TO USE A CONTINGENCY MAP

Contingency maps, or decision routes, are visuals that connect a specific situation to the outcomes of two different behaviour paths. One route shows the outcome of a child engaging in an expected behaviour, and the other shows what happens if they choose an unexpected behaviour. Remember, follow-through makes all the difference.

Let's look at how contingency mapping can be used to address the issue of not wanting to leave iPad play to come to the dinner table. For this child, we think about their desire to continue playing and we use that to motivate the expected behaviour. To learn more, check out our blog, ["Contingency Mapping at Home"](#).

