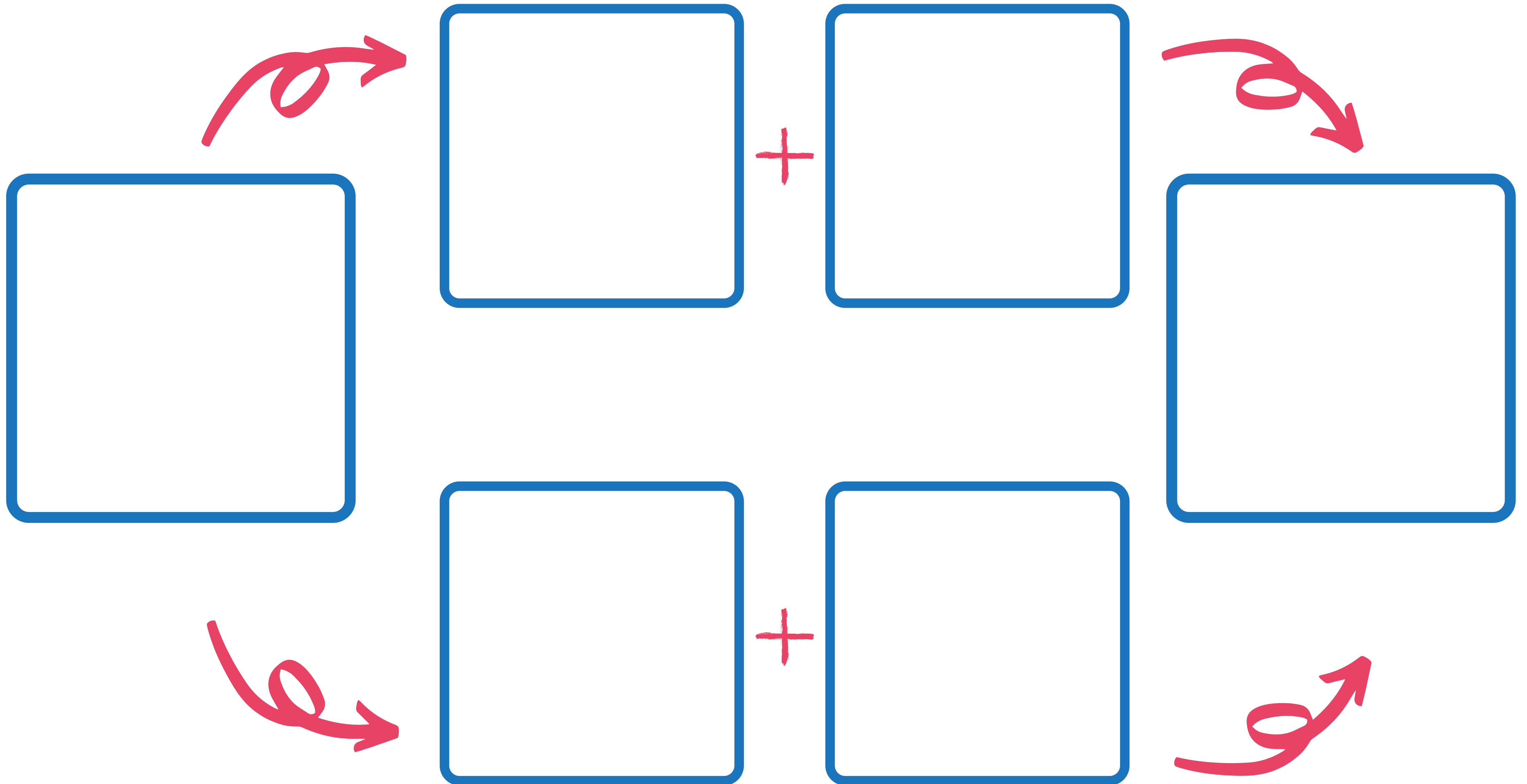


SOCIAL STORY MAPPING



HOW TO USE A SOCIAL STORY MAP

Social Story Maps are visuals that connect specific situations to the same desired outcome. The maps may include two or more different routes. This tool is helpful when there is uncertainty in a social situation which may be causing anxiety for a child. To create the map you will start with the situation and end with the desired outcome, outlining the varying steps that may get you there. Talk through the map to assure your child that regardless of the route, the outcome will be the same.

Let's look at how Social Story Mapping can be used to address the issue of not knowing whether the return to school will be in-person or virtual. The map is communicating safety and security in either route.

